



# ROCK CITY ELEMENTARY SCHOOL

3741 Departure Bay Road  
 Nanaimo, BC V9T 1C5  
 Phone: 250-758-2434  
 Fax: 250-758-4831

Mrs. Eileen Jubinville, Principal  
 Ms. Laura Henry, Secretary  
 Ms. Joanne Carter, Secretary

Rock City Elementary Website Link - <http://rc.schools.sd68.bc.ca/>

## Principal's Message

It is hard to believe that December is almost here and that there are only four weeks remaining until Winter Break! There is a great deal of positive energy and enthusiasm building among the students (and staff). We have had a variety of events occurring and ones we are looking forward to during the next four weeks.

Two events we are very excited about are our afternoon and evening performances of The Great Canadian Concert, for which the students are busy practicing. The afternoon performance will be at 1:00 on Thursday, December 7th, with the evening concert at 6:30pm. We look forward to seeing students, families and members of our community at the performances!

Thank you to our PAC for sponsoring a very successful Halloween Dance - kids were excited to come to school in their costumes.

By now you may have received a Communication of Learning (via Fresh Grade or in a blue plastic envelope). Please take the time to go over your child's work with them and celebrate their strengths and accomplishments. Also, take the time to discuss some possible goal areas and make a plan for working on those goals in the coming term. Remember this sample of their work is only one reflection of their progress, but that it is a good tool to use for dialogue and discussion in regards to their education.

We will be having a school wide Showcase of Learning on Thursday December 21 in the afternoon. We hope you are able to make it. Thank you for continuing to support both your own child and the Rock City Elementary School Community.

*Eileen Jubinville*

## Spirit Day: Movember Day

Thursday, November 30<sup>th</sup> was Movember Mustache Day. There were some fine looking mustaches!



## PAC Craft Bazaar

Where: Rock City Gym  
 When: Saturday Dec 2  
 Time: 9:30-4pm

Over 30 vendors!  
 Free Admission!  
 There will be a Raffle!



## Remembrance Day Assembly

Our Remembrance Day Assembly was held on **Friday, November 10<sup>th</sup>**. This was an important time to remember those who fought in wars so that we may enjoy the rights and freedoms we have today. It was also a time to think about what we can do as individuals and as a school to help make the world a better place.



## School Sports

On Wednesday Nov 2nd, 17 of our Cross Country Runners qualified in the District Meet at the Beban Park. The day was very rainy and cold! Our runners performed very well and should be proud of their achievements.

A big "Thank You" goes to coaches Mr. Sullivan, Mrs. Robertson and Ms. Hepples for their positive energy and encouragement. Congratulations to all the runners for a great season of running!

Our volleyball season started last week.



## Important Dates

Please check our web calendar for dates:

Mustache Spirit Day	Nov. 30
The Great Canadian Concerts	Dec. 7
RDN Santa Bus	Dec. 8
Last Day Before Winter Holidays	Dec. 22
School Re-Opens	Jan. 8
Report Card Issued	Feb 2
BC Family Day	Feb. 12
ProD (Students Don't Attend)	Feb. 19
ProD (Students Don't Attend)	Feb. 20
Start of Spring Break	Mar. 19
End of Spring Break	April 2
ProD (Students Don't Attend)	May 11
Victoria Day	May 21
Last Day of School	June 28
Report Cards Issued	June 28

## December Concert Tickets

A notice went home on Monday November 27 for ticket requests for the afternoon or evening performances of our The Great Canadian Concert. Please send back your requests ASAP. Tickets will be sent home on Monday, December 4<sup>th</sup>.



## Library News

The Indigo Love of Reading Adopt-A-School program chose our school as the Adopted School this year. Chapters Nanaimo and our online site raised \$6309.32 dollars to be spent on new books for the library. Plus we get an additional 30% off making the money go 1/3 further. Our Scholastic book fair also did very well this year earning approx. \$1300 for books and supplies for the library. Thank you to everyone who supported our library through these two fundraisers.

Check out this link: <https://youtu.be/-ouOwpYQqic>. "Goodnight Ipad" is about putting down the technology and reading a book before bed, especially to kids.



## Head Lice (Be Proactive)

It is around this time of year that we have a few occurrences of head lice in our schools.

Remember that head lice are a nuisance; they do not carry disease and are not a health risk. They also do not mean your child is dirty; anyone may become infested by them. Early detection and appropriate treatment, will significantly limit the spread of head lice in our school.

At this time, it is suggested that you avoid using head lice shampoos; they no longer kill all lice and their nits, and they may cause skin irritation. Inexpensive conditioner and special lice combs, when used as directed, will quickly eliminate lice from your child's head. Hair conditioner and lice combs are available at most drug stores. More information is available from the Public Health Nurse (755-3345).

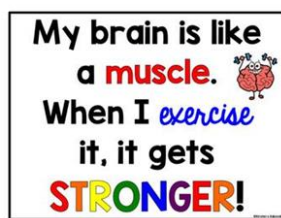
## Growth Mind Set - What is it?

Growth mindset is believing we can get smarter through hard work and good strategies.

When students believe they can get smarter, they understand that effort makes them stronger. This is important in facing and solving problems across all disciplines and areas inside and outside of school. Students who learn these skills across all areas of the curriculum will begin to make connections between the subject areas and their life.

Students with a growth mindset they believe they can develop their abilities and they see challenges as opportunities to grow and understand that they can improve their abilities by pushing themselves to get better.

Check out this site for videos on Growth Mind Set. <https://www.mindsetkit.org/growth-mindset-parents>



## School Spirit

The following students had their names drawn during our Tiger Roar Draws. Thanks for making Rock City a great place to learn and play:

Div. 1	Sophia	Div. 2	Mason
Div. 3	Rachael	Div. 4	Kamea
Div. 5	Landon	Div. 6	Cohen
Div. 7	Talia	Div. 8	Lilly
Div. 9	Piper	Div. 10	Sheena
Div. 11	Julia	Div. 12	Josh
Div. 13	Olivia	Div. 14	Elise
Div. 15	Max	Div. 17	Tristan

## Lost & Found



Our lost and found is overflowing with clothing and other items lost by students. We would like to see as many of these items as possible making it back to their rightful owner. Please have a look when visiting the school. All current lost and found items will be bundled up at the end of this month and given away.

## Halloween Dance

A big thank you to our PAC and parent volunteers for a wonderful Halloween Dance. A great time was had by all.



## Inclement Weather



Our weather is changing! Remember to send your child(ren) to school with appropriate warm clothes and outer wear as they will be going outside most days during playtime. Outside breaks provide students with the opportunity for movement and fresh air.

## Bottle Drive

A big thank you to the Rock City Community and parent volunteers for their support of the Grade 6/7 Bottle Drive fundraiser. Over \$946 was raised. The students were busy sorting in front of the school for over 3 hours.

